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No-knife option

BNY expert Dr Stephen Robertson, cosmetic dermatologist at the Cameleon Clinic, says:

Breast implants can't always be relied upon to correct sagging, especially if the patient has had children and has also breastfed. In a small proportion of cases, capsule formation can occur, which means they have to be taken out anyway. Conventional revision surgery is simple; implants are removed the same way they were put in, but it does involve more stitches and inevitably more recovery time.

A good alternative to surgery is Macrolane, a new technique of non-surgical augmentation that involves a straightforward 30-minute procedure to inject an all-natural hyaluronic-based gel via two tiny incisions. It gives an instant result with no downtime.

Performed under local anaesthetic, there's minimal swelling and discomfort and because the gel can be placed exactly where the client needs it, it can be used to increase size and plump out breast tissue where it's dropped. The result is a natural look that lasts for around 18 months, after which a top-up will be required.

Cost: For details telephone 0844 800 9707 or visit cameleonclinic.com