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W STYLE

Whether your face needs brightening, plumping or lifting, we reveal the hi-tech tricks and all-star treatments to put your skin in the spotlight



Teri Hatcher keeps her skin looking fresh with facial

THE PIGMENTATION AGE DEFYERS

On the couch
Fraxel Re:line Laser Treatment is one of the most sought-after pre-red-carpet fixes. It's an advanced aesthetic solution that costs from £450 and aims to turn back the clock on sun-damaged skin. Delivering the benefits of traditional laser-resurfacing techniques minus the downtime and risks, it works by using points of light to accurately treat thousands of microscopic areas of your skin, whisking away old, damaged cells. From £450. Call 0844 8009707 or visit cameleonclinic.co.uk.

In the salon
 Emulon Isonzyme Active Vitamin facial utilizes the latest technology to treat sun-damaged and unevenly pigmented skin. Loved by Teri Hatcher, a pulsed electrical current and low-frequency sound waves

On the shelf
Priori CoffeeBerry Brightening Lip Complex, £32 for 30ml, makes your complexion. Call 0845 5552121.
Stay Definite Intense Anti-Aging Cream SPF15, £29.99 for 50ml, diminishes the appearance of discolorations.
Clinique Even Better Skin Tone Corrector, £30 for 30ml, helps fade old dark spots and prevent new ones.

Celeb Skin Secrets

THE YOUNGER-LOOKING EYE OPENERS

On the couch
Botex is being used in creative ways to keep eyes looking younger. I use Botex not to simply erase wrinkles, but to restore the youthful shape of the eye," says Dr Thierry Vidal, a leading specialist in non-surgical facial aesthetic treatment and medical director of Skin Health Spa. To get the look, Dr Vidal makes small injections into the harline and temples to lift the forehead, along with a slight injection in the brow area at the side of the eye to help relieve the hooded effect. It costs from £300. Call 020-7935 3366.

In the salon
 Acromedistry Associates Rejuvenating Eye Treatment helps counteract the effects of ageing, fatigue and tension around the eye area. It boasts a specialised eye-massage using drainage techniques to improve micro-circulation, leaving eyes looking rested. A costs £30 for half an hour call 020-8069 1030. Danni Milneque, Erin O'Connor and Anna Friel all love the range.

On the shelf
Dr Nick Lowe Age Correct Eye Serum, £16.99 for 15ml, firms and strengthens the fragile eye area, as well as helping to soften fine lines. Call 020-8614 4100.
Garner Nutritionist Caffeine Eye Roll-On, £5.99 for 15ml, is enriched with caffeine and developed to roll back tired-looking eyes.
NV Perricone Ceramic Skin Smoother, £59 for 20ml, is an oil-free gel that helps fill fine lines and lighten dark circles. Its formula results have reduced Uma Thurman and Cheryl Crow. Call 020-7903 5067.

THE SAGGY JOWL ELIMINATORS

On the couch
RadiLash Carbonyl Therapy is the new secret for sagging skin. This is the biggest anti-aging phenomenon since Botox, according to Dr Jules Nallet, a specialist in aesthetic medicine who has top billing with leading actresses and models. It's an injectable treatment that's been clinically proven to rejuvenate and recondition drooping jowls, giving a tighter jaw line. Carbon dioxide is deposited just beneath the surface of the skin via micro-injections, breaking down fatty deposits and stimulating circulation. It's priced at £100 per treatment (visit radiolash.com).

Clever gadget
 Tuo Mio is a non-surgical face-lifting gadget, costing £76, that courses Kate Moss, Kelly Osbourne and Meg Mathews among its celebrity devotees. Brought to the UK from Italy by beauty consultant Tina Richards, this micro-current facial exerciser carries out a set routine of facial moves for a lifted appearance. Visit tinairichards.com.

On the shelf
Good Skin All Firm Rebuilding Serum, £20 for 30ml (available from Superdrug) - massage a couple of drops over the face to stimulate skin's natural regeneration.
BeneFR Firmology, £25.50 for 30ml, is a light serum that helps tone tired-looking skin. Visit beneFR.com.



Gisele Bündchen has a face-lifting gadget

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