



February/ March 2008

Banish your blemishes...

STRETCHMARKS
The stretch marks that appear on your body during pregnancy are a common skin condition. They are caused by the stretching of the skin and the production of collagen. There are several ways to prevent stretch marks, including using a moisturizer, maintaining a healthy weight, and avoiding smoking.

THREADS
Thread lifts are a non-surgical procedure that uses sutures to lift and tighten the skin. They are a popular alternative to facelifts. The procedure involves making small incisions in the skin and pulling the underlying tissue up. The results are immediate and can last for several months.

WRINKLY HANDS
Hand wrinkles are a common sign of aging. They are caused by the loss of collagen and elastin in the skin. There are several ways to prevent hand wrinkles, including using a moisturizer, wearing gloves, and avoiding smoking.

UNWANTED TATTOOS
Laser tattoo removal is a procedure that uses laser light to break down the pigment in a tattoo. The pigment is then absorbed by the body's immune system and removed. The procedure is painless and can be done on any part of the body.

UNWANTED TATTOOS

THE SUFFERER Jude Law and Angelina Jolie.
THE SOLUTION Laser tattoo removal.
 Laser therapy is used to remove the colours of tattoo ink, which absorb various wavelengths of light. The pigment breaks up into small fragments that are carried away by the body's immune system. Tattoos have to be treated every few months, so the body can absorb as much of the pigment as possible before proceeding to the next treatment.

OUCH FACTOR Similar to IPL.
PRICE From £60, but eight to 20 treatments are required and results can offer differ depending on the size and the ink colours used.
CONTACT Cameleon Clinics, available nationwide (call 0844 8009707 or visit cameleonclinic.co.uk).
AT HOME CHEAT There's no DIY solution, but the best cover-up is MAC Full Coverage Foundation, which is their densest base that's water-resistant and comes in a good selection of shades.



MAC Full Coverage Foundation, £20.00 (visit maccosmetics.co.uk)